



# INSTITUTE OF LAY FORMATION

Diocese of Winona-Rochester

*Forming lay women and men for discipleship and Gospel witness*



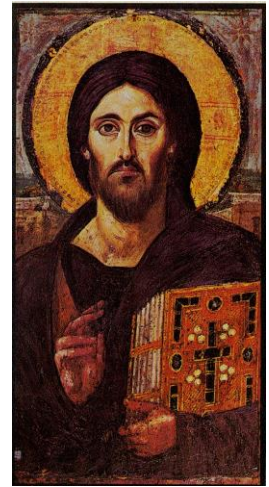
## PROGRAM OVERVIEW

*The diocesan **INSTITUTE OF LAY FORMATION** is a program and process of prayer, study, and reflection on the Catholic Faith, on the life of discipleship and witness in the world, and on service and ministry within the Church.*

### Areas of Formation...

The Institute has three aspects of its formation:

- ❖ **Catechesis** (Intellectual Formation)
- ❖ **Discipleship** (Human and Pastoral Formation)
- ❖ **Prayer and Reflection** (Spiritual Formation).



### Year by Year Program...

**CARITAS ~ TOGETHER IN SERVICE** (Year III)

#### **Catechesis: “Christian Morality” / “Vatican II”**

##### **Christian Morality**

- UNITED STATES CATHOLIC CATECHISM FOR ADULTS (USCCA), by the U.S. Conference of Catholic Bishops – “Part III. Christian Morality: The Faith Lived”
- TEN: HOW THE COMMANDMENTS CAN CHANGE YOUR LIFE, by Mary Elizabeth Sperry / Franciscan Media

##### **Vatican II**

- VATICAN II: ITS IMPACT ON YOU, by Peter A. Huff, PhD / Liguori Publications
- A CONCISE GUIDE TO THE DOCUMENTS OF VATICAN II, by Edward P. Hahnenberg / St. Anthony Messenger Press
- Second Vatican Council documents: 1) *Sacrosanctum Concilium* (“Constitution on the Sacred Liturgy”); 2) *Lumen Gentium* (“Dogmatic Constitution on the Church”); and 3) *Gaudium et Spes* (“Pastoral Constitution on the Church in the Modern World”)

#### **Discipleship: “The Church’s Mission and Ministry”** [tentative]

- *EVANGELII GAUDIUM* (“The Joy of the Gospel”), Apostolic Exhortation of Pope Francis
- LUKE 10 LEADERSHIP: HOW TO SUCCEED AT PARISH MINISTRY, by Dave Heney / Ave Maria Press

#### **Prayer and Reflection: “Lay Vocation and Spirituality”**

- THE EMERGING LAITY: VOCATION, MISSION & SPIRITUALITY, by Aurelie A. Hagstrom / Paulist Press [tentative]
- 3 MOMENTS OF THE DAY: PRAYING WITH THE HEART OF JESUS, by Christopher S. Collins, S.J. / Ave Maria Press [tentative]



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## SPRING SEMESTER OVERVIEW...

January 15th, 2022 (Online, via Zoom)

### **Spring Session I – *Vatican II*** (Session III)

READING ASSIGNMENT I: A Concise Guide to the Documents of Vatican II (Chapter 3)

READING ASSIGNMENT II: *Lumen Gentium* (“The Dogmatic Constitution on the Church”)  
[available online at the [Vatican web site](#)]

January 29th/February 5th (St. John Vianney (SJV) Parish, Fairmont [1/29] / St. Pius X (SPX) Parish, Rochester [2/5]) {In person sessions are tentative}

### **Spring Session II – *Christian Morality: The Faith Lived*** (Session IV)

READING ASSIGNMENT I: United States Catholic Catechism for Adults (USCCA)

- Chapter 29: “The Fifth Commandment”
- Chapter 30: “The Sixth Commandment”

READING ASSIGNMENT II: Ten: How the Commandments Can Change Your Life  
(Chapter Five & Chapter Six)

February 19th/26th (SJV Parish, Fairmont [2/19] / SPX Parish, Rochester [2/26])

{In person sessions are tentative}

### **Spring Session III – *Christian Morality: The Faith Lived*** (Session V)

READING ASSIGNMENT I: United States Catholic Catechism for Adults (USCCA)

- Chapter 31: “The Seventh Commandment”
- Chapter 32: “The Eighth Commandment”

READING ASSIGNMENT II: Ten: How the Commandments Can Change Your Life  
(Chapter Seven & Chapter Eight)

March 19th/26th (SJV Parish, Fairmont [3/19] / SPX Parish, Rochester [3/26])

{In person sessions are tentative}

### **Spring Session IV – *Christian Morality: The Faith Lived*** (Session VI)

READING ASSIGNMENT I: United States Catholic Catechism for Adults (USCCA)

- Chapter 33: “The Ninth Commandment”
- Chapter 34: “The Tenth Commandment”

READING ASSIGNMENT II: Ten: How the Commandments Can Change Your Life  
(Chapter Nine, Chapter Ten, & Conclusion)

{continued on next page}

April 9th (Sacred Heart Parish, Owatonna) {In person session is tentative}

**Spring Session V – *Vatican II*** (Session IV)

READING ASSIGNMENT I: A Concise Guide to the Documents of Vatican II (Chapter 4)

READING ASSIGNMENT II: *Gaudium et Spes* (“The Pastoral Constitution on the Church in the Modern World”) [available online at the [Vatican web site](#)]

April 29-30 (Alverna Center, Winona) {Friday evening – Saturday afternoon}

**Spring Retreat – *Lay Vocation and Spirituality***

READING ASSIGNMENT: [TBD]

**Writing Assignment for the Spring Semester** (due by 5/16/2022)...

OPTION I...

From the UNITED STATES CATHOLIC CATECHISM FOR ADULTS, write a short paper (approx. 2-5 pp., double spaced) responding to one set of the “*For Discussion*” questions from any of the assigned chapters from the USCCA for this semester.

OPTION II...

From the text, *TEN: HOW THE COMMANDMENTS CAN CHANGE YOUR LIFE*, write a short paper (approx. 2-5 pp., double spaced) responding to one set of the “*Talk It Through*” questions from any of the assigned chapters for this semester.

OPTION III...

Write a brief reflection (approx. 2-5 paragraphs) describing: 1) what you’ve learned about your faith this spring semester; and/or 2) what your spiritual journey has been during this time.